

CHIN – FALLS PREVENTION

Inn ah himtein le khawnden loin umnak



Tlak khamnak

- Ngakchia tthutdan sang, namnak leng le dawr leng tibantuk cung na tthutter tikah taisawm 5 in hmunkhat teah a pum, liang le ke hrennak a ummi kha hmang.
- Ngakchia kum 9 cung lawng nih ihkhun dothnih (bunk bed) i a cung dot kha an hmanding a si.
- Himnak caah tuahmi innka nih hlei cung in tlak tibantuk kha a kham khawh.
- Zelttuang cung i ichuih le pahkhawh a simi thilripawl, bianaah lentecelhnak, kawzaw le lektrik hri tibantukpawl kha tthialpiak hna.
- Ngakchia hlawnak (trampoline) cungah voikhat luh ah ngakchia pakhat lawng luh ter hna. Ngakchia kum 6 tang cu ngakchia hlawnak (trampoline) hmanter loding in forhfial nan si.



Education
and Training

The Royal Children's Hospital Mipi Thawngthanhnak

Telephone +61 3 9345 5085 www.rch.org.au

Mah ca hi The Royal Children's Hospital nih Department of Education and Training hnatlakpinak in chuahmi a si.