

Your cardiologist has recommended that you transfer to an Adult Cardiology Centre. Although you may feel well, it is essential to link you with an adult hospital for ongoing monitoring of your condition for as long as this is necessary and possibly throughout your adult life.

Information in this brochure is designed to provide you with helpful information and to provide answers to common questions.

Please ensure that if you do not receive adequate information once transferred, that you DO ask the Royal Melbourne Hospital (RMH) staff.



Getting there

Car park

Limited parking is available at the RMH car park. It is open between 6am and 11pm. Rates are based on commercial parking fees. Pensioners and health care cardholders are entitled to a discount on payment. Refer to the sign in the car park for details if you require the use of a wheelchair. Limited street parking with a one hour limit is also available in Grattan Street.

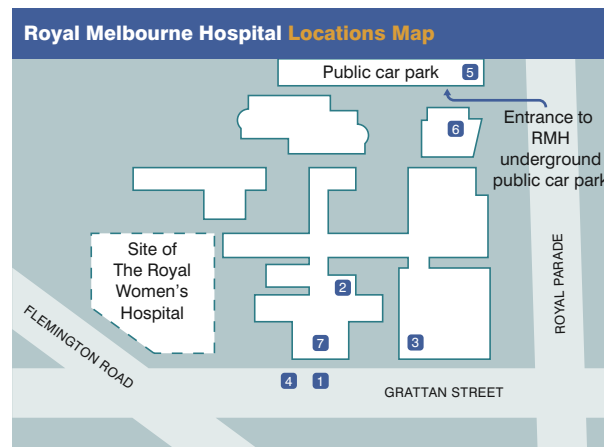
Public transport

As the clinic can take up the majority of the morning, public transport is strongly recommended where possible.

The Hospital is situated near several tram routes:

No. 19 to North Coburg and No. 59 to Airport West.
Tram leaves from corner of Flinders and Elizabeth Streets.
In the CBD – alight at Grattan Street.

Zoo parking – Elliot Avenue, Parkville (Melways Ref: 43 E1). Melbourne Zoo is located only minutes north from the city centre, within Royal Park. Tram 55 runs back down to RMH – alight at corner of Flemington Road and Grattan Street.



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|------------------------|---------------------------------|
| 1 Main entrance | 5 Car park |
| 2 Lifts | 6 Private medical centre |
| 3 Emergency Department | 7 Cardiology clinic (1st floor) |
| 4 Taxi rank | |

Transferring to Cardiology Services at the Royal Melbourne Hospital

Grattan Street, Parkville



Cardiology Clinic

Royal Melbourne Hospital



Where

The Cardiology Clinic is held on 1 South, which is on the 1st floor of the main building. Enter via Grattan Street. This clinic is one of three clinics (Cardiology, Dermatology and Ophthalmology) run in the same area and on the same day. Please refer to the map on the back page.

When

The second Tuesday morning of each month (approx 9am – 2pm).

Cardiologist

Dr Leeanne Grigg, Director of Cardiology at RMH. Dr Grigg has a particular interest in patients with congenital heart disease.

Other doctors in attendance

Visiting Cardiologist from RCH and RMH Consultants, Registrars and Fellows.

Clinic coordination

Reception staff manage this clinic. A Registered Nurse, is on site and coordinates all outpatient clinics.

Clinic enquiries

Late arrivals/clinic enquiries	(03) 9342 7575
Outpatients appointments	(03) 9342 8899

Before your first visit to RMH, you will require:

- 1 A referral from your Paediatric Cardiologist will be made directly to the Congenital Heart Centre at the RMH with attached documentation. A copy of the letter can be sent to you if you so desire. This referral will only last for 3 months from the initial appointment, therefore you will need to obtain a further referral from your GP. This can be made valid for 12 months or longer depending on your health care needs. This clinic is bulk billed and you will need your Medicare card for the first visit.
- 2 An appointment will be sent out directly from the RMH to you, the patient. The appointment will be organized within 6 months of the referral to enable the RMH to meet up and discuss with you your ongoing care and frequency of further appointments.

Please contact RMH outpatients if you have not received an appointment within six months. Telephone 9342 8899.

- 3 Patients living in the metropolitan area will have an ECG on the day of appointment and an Echocardiogram on a separate day (usually one week prior to appointment).
- 4 Patients residing in the country area (outside the metropolitan area) will have all their required tests on the day of appointment (wherever possible).
- 5 Patients residing over a 100kms away from Melbourne will be able to obtain assistance through the Victorian Patient Travel Assistance Service (VPTAS). Forms may be obtained through your local Centrelink or Department of Human Services offices in your region, as well as your local GP.

DHS Regional Offices

To obtain VPTAS forms call:

Barwon	(03) 5226 4540
Hume	(03) 5722 0555
Loddon	(03) 5434 5555
Gippsland	(03) 5177 2500
Grampians	(03) 5352 0103

An important final word...

Transferring to an adult hospital is a sign that you are growing up and starting to manage your own appointments, prescriptions and medications and depending less on your parents/caregivers. It is important for both you and your parents to recognize this as you will find that staff working in adult hospitals will generally focus on you, the patient and less on other adults accompanying you.

Please make certain that you ask lots of questions and if you are not too sure about the answer, ask again! A good tip is to write down questions before your visit to the clinic.

For further information about transferring to adult care

Talk to Bronwyn Norman, RCH Cardiology Department, talk to your doctor, or talk to the RCH Transition Officer, Felicity Sloman on 9345 4858 or look at the website:

www.rch.org.au/transition

We do hope this information is helpful and wish you well on your journey into adult life.

Staff of Cardiology Department
The Royal Children's Hospital

