

# Practical skills in Development-Behavioural Paediatrics

The 21<sup>st</sup> Annual Professional Development Program at  
The Royal Children's Hospital, Melbourne



**Venue:** **Vernon Collins Lecture Theatre**  
HELP Precinct, 1<sup>st</sup> Floor West Building (**take Yellow Lifts**)  
The Royal Children's Hospital, Flemington Rd, Parkville Vic 3052

## Agenda: Day One, Friday 7<sup>th</sup> October 2016

**Session 1**  
**9.00am – 12.15pm** **Developmental trauma in pre-schoolers: the challenge of recognition and management**

**Dr Joanna Tully and Dr Bindu Bali**

Victorian Forensic Paediatric Medical Service, RCH

**Dr Rowena Conroy**

Co-ordinator - Senior Clinical Psychologist, Mental Health, RCH

**Dr Karen McLean**

Paediatrician, Out of Home Care Clinic Director, RCH

**Learning Objectives**

- *to consider the role of developmental trauma in generating a formulation and differential diagnoses for at-risk children who are referred with behavioural concerns*
- *to develop an approach to the assessment and multidisciplinary management of children who have been exposed to trauma and neglect*

**12.15pm – 2:00pm**

**Lunch**

**Session 2**  
**2:00pm – 5:00pm**

**Attachment, regulation and socialisation disorders in pre-schoolers:- can we cope without an ASD label?**

**Dr Angela O'Hara**

Senior Clinical Psychologist, Mental Health, RCH

**Learning Objectives**

- *to develop an approach to assessing children with poorly defined internalising, self-regulation and socialisation symptoms*
- *to develop child and family-centred management strategies while avoiding 'diagnosis creep'*

## Agenda: Day Two, Saturday 8<sup>th</sup> October 2016

**Session 1**  
9.30am – 12.30pm

**Externalising problems in pre-schoolers: maturational delay vs. disorder**

**Dr Sarah Seth**

Child and Adolescent Psychiatrist

**Dr Rick Jarman**

Developmental Paediatrician, Centre for Community Child Health, RCH

### **Learning Objectives**

- *to develop an practical approach to helping parents manage challenging externalising behaviours*
- *to understand the role of multimodal treatment, including when to consider medication*

**12.30pm – 1.30pm**

**Lunch**

**Session 2**  
1.30pm – 4.30pm

**Spirited, intense and exhausting: the role of temperament on sleep and elimination disorders**

**Assoc. Prof. Harriet Hiscock**

Head of Unit, Health Services Research; Paediatrician, RCH

**Dr Suzie Gibb**

Department of General Medicine, RCH

**Other speaker TBC**

### **Learning Objectives**

- *to develop an approach to managing challenging sleep and elimination disorders in early childhood*
- *to understand the role of temperamental variation in influencing response to treatment and parental stress*

**This program has been designed to meet CPD workshop criteria of 1 point per hour.**