

# **KOALA WARD**

## *(Cardiac & Renal Unit)*

Koala ward provides care for children with both cardiac and renal conditions.

At times we also receive patients with other specialities. Our ward has 24 beds. 85% of patient rooms are single-bed, increasing privacy, reducing noise and improving infection control within wards. The children cared for on Koala ward come from all over Victoria, as well as interstate and overseas.

The continual review of surgical procedures, diagnostic techniques and nursing practice enables us to maintain excellent medical treatment and nursing care comparable to that of other centres of excellence.

### **WARD FACILITIES**

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#### **Patient Rooms**

Every patient room has a clinical zone, patient zone and family zone:

- The **clinical zone** has point of care consumables and medications.
- The **patient zone** has a headboard with necessary gases and power points, a bed, a patient education and entertainment system, a desk and storage including a safe for valuables;
- The **family zone** has a couch that converts to a bed for a parent to stay overnight, and storage space. There are switches for volume and lighting control.

We ask that you take care of your personal items: the hospital is not responsible for any loss or theft of your possessions or those of your child.

It is the parents' responsibility to keep the family zone clean and tidy.

Each room has a fridge and parents may keep food and drinks in it.

**No milk or formulas are to be kept in the room fridge.**

Each room has an ensuite with shower and toilet. Parents are permitted to use the facilities.

***There is only to be one adult parent/carer allowed to stay at the bedside.***

Alternate accommodation is also available for your sleep/rest. Please ask your child's nurse or social worker.

#### **Parent's Retreat**

The retreat is available 24 hours a day for parents use only. This is shared between the Koala ward and Rosella ward. It includes a lounge, dining area, kitchenette and balcony. Toilet facilities, including baby change room are adjacent to the parent's retreat. It is requested that parents keep this area clean and tidy.

For other family members and friends visiting please use facilities provided by the hospital including the family resource centre, gardens throughout the hospital grounds, retail and food facilities.

#### **Interview Room**

2 interview rooms are available for private discussions between families and hospital personnel.

#### **Expressing Room**

If you are expressing breast milk, the expressing room is opposite the Parents' Retreat or you may prefer to express in your baby's room.

#### **Formula Room**

The formula room is for storage of your expressed breast milk or milk formula for your baby.

#### **The Pantry**

The Pantry is for use of patients' meals only.

#### **Activity Room (The Nest)**

The Nest provides a distraction for patients. The Nest is supported by our teachers, play therapists and volunteers.

#### **Cardiac & Renal Diagnostic Testing**

On occasions your child might require going to specialist clinic A3 (located on ground floor) for ECG's, ECHO's, exercise tests or pacemaker checks.

Chest x-rays or ultrasounds will be performed in the Radiology department (located on lower ground).

#### **Other Hospital Facilities**

For more general information about the hospital, please visit the RCH website <http://www.rch.org.au/info/> and <http://www.rch.org.au/mobileapps/>

## Important Information for Parents

### Mobile phones

Mobile phones can interfere with vital hospital equipment like, patient monitors, infusion pumps and pacemakers. You will be asked to turn off your phone when entering the Koala Ward.

### MEDICAL STAFF

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#### **CARDIAC**

##### **Director of Cardiology Cardiologists**

Associate Professor Michael Cheung

Dr Rob Weintraub

Dr Andrew Davis

Dr Bryn Jones

Dr Geoff Lane

Dr Andreas Pflaumer

Dr Lucas Eastaugh

Dr Remi Kowalski

Dr Darren Hutchinson

Dr Jacob Mathew

Dr Bennett Sheridan

##### **Director of Cardiac Surgery Cardiac Surgeons**

Professor Christian Brizard

Professor Igor Konstantinov

Dr Ben Davies

Dr Stephanie Perrier

In addition to these consultants are fellows who assist in cardiology and cardiac surgery.

#### **RENAL**

##### **Director of Renal Unit Deputy Director Nephrologist**

Dr Amanda Walker

Dr Josh Kausman

Dr Harley Powell

Within the Koala ward there is one cardiac registrar and two cardiac residents and a renal registrar or resident responsible for the day-to-day management of your child.

### NURSING STAFF

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#### **Nurse Unit Manager**

Aine Fitzsimons

The Nurse Unit Manager is available to discuss any issues you may have Monday-Friday.

#### **Associate Nurse Unit Managers (ANUM)**

There is an ANUM on duty 24hours a day. They are available to discuss any issues you may have at all times.

*Nursing staff are the primary care-givers to your child. Any questions you have regarding your child's care should be directed to the nurse looking after your child.*

### INTER-DISCIPLINARY STAFF

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#### **Care Managers**

Coordinate the care and treatment of long-term and more complex patients. Care managers support both patients and families during admission.

#### **Clinical Facilitator**

Provides support and education to staff to ensure the highest level of care is given to your child, to maintain your reputation as a leading paediatric cardiac and renal unit.

#### **Education Institute**

Teachers support school-age children and siblings with their education needs. Teachers liaise with your child's school during admission and on discharge.

#### **Lactation Consultants**

Provide specialist information and assistance with breastfeeding and expressing breast milk. Monday to Friday

**Social Workers**

Can offer both practical and emotional support. Social workers can be contacted through the nursing staff.

**Physiotherapists**

Play an important role in your child's post-operative recovery.

**Dietician**

Are available to discuss your child's feeding plan and dietary requirements.

**Child Life Therapists**

Provide a program of educational and recreational activities to assist your child in recovery and to meet developmental needs. They can also provide diversion during procedures.

**Interpreters**

Are available within the hospital to assist non-English speaking families. Office located on the Ground floor.

**KOALA WARD HOURS**

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**Visiting hours**

10am-12pm and 2pm-7.30pm - Parents and guardians are welcome to visit at any time.

**Quiet time**

12pm-2pm - During this time procedures, visitors (including siblings) and general overall noise is reduced. This is to encourage a time of rest for all patients, which is important for recovery.

**Meal times**

Breakfast	7.30am
Lunch	11.30am
Dinner	4.30pm

At breakfast there is a variety of items available. Menus are left for each patient for lunch and dinner. Between meals, drinks and snacks are available on request. Hot drinks are not allowed in the rooms.

**Ward rounds**

Cardiac	The cardiac ward round takes place approximately 8.30am-9.30am. Parents may remain by the child's bedside during this time.
Renal	Renal ward round occurs generally before lunch time.

***Please feel free to speak with our qualified staff any time if you require further assistance during your child's stay on Koala ward.***

**CONTACT DETAILS / NUMBERS**

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Koala Ward Level 3, North Building	9345 5702
Cardiac Surgery Coordinator	9345 5205
Cardiac Surgery Office	9345 5200
Reception J – Day of Surgery Level 3, South Building	9345 5385
Hospital Switchboard	9345 5522