

# Rules for Rapid Antigen Tests

Written 12 January 2022



Easy English



## Hard words

This information has some hard words.

The first time we write a hard word

- the word is in **blue**
- we write what the hard word means.

## You can get help with this book



You can get someone to help you

- read this book
- know what this book is about
- find more information.

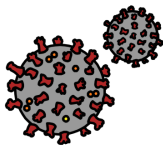




Families,  
Fairness  
and Housing

## About this book

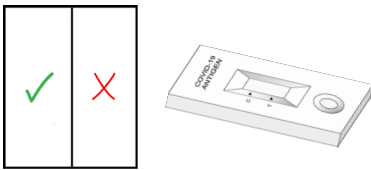
This book is by the Department of Families,  
Fairness and Housing.



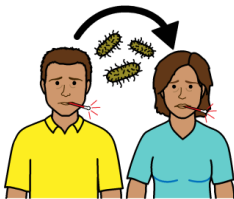
This book is about

- **Coronavirus**

and



- rules for **Rapid Antigen Tests**.



Coronavirus can make people very sick.



Rapid Antigen Tests are tests you do on yourself  
at home to see if you might have coronavirus.

## When to do a test



You should do a Rapid Antigen Test if

- you spent time with a person when they had a positive case of coronavirus



- you have **symptoms** of coronavirus



Symptoms are signs that you might be sick with coronavirus including

- feeling very hot or cold



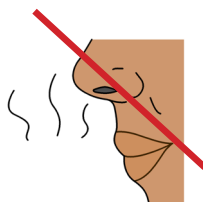
- coughing



- feeling very tired

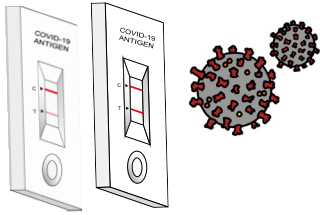


- loss of taste



- loss of smell.

## What if you test positive?



If you test positive on a Rapid Antigen Test, it is **very likely** that you have coronavirus

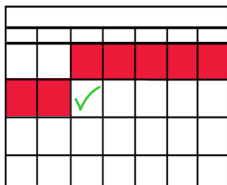


If you test positive on a Rapid Antigen Test you **must**

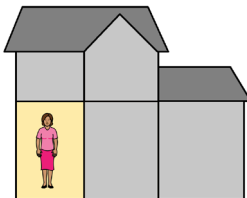
- tell every person who you spent time with in the last few days



- tell the Department of Health
  - contact information is at the end of this book

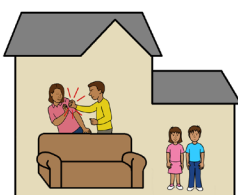


- **isolate** straight away for **7 days**.



Isolate means you stay at home, away from other people unless

- you need medical care or another test

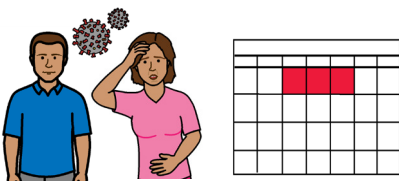


- it is an emergency
  - for example, a fire or family violence.

## Who do I tell?

You must tell the Department of Health.

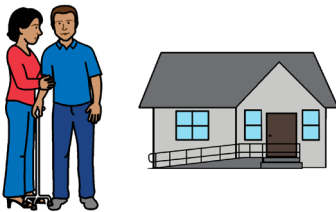
The Department of Health will ask you the **questions below.**



1. Have you been told you were near someone with coronavirus in the last few days?



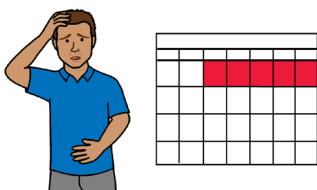
2. Have you had any coronavirus symptoms?



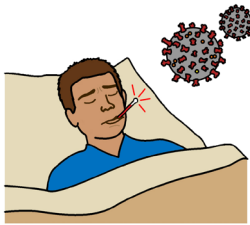
3. Do you need any support to stay home?



4. How many doses of the vaccine have you had?



5. Have you had any symptoms in the past 5 days?



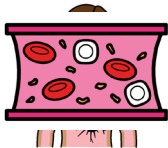
6. How sick do you feel?



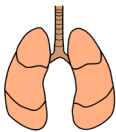
7. Do you have any medical conditions?

For example

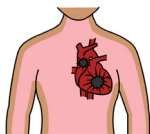
– pregnancy



– cancer



– lung disease



– heart disease.



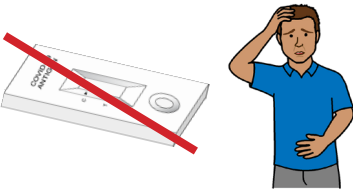
8. Are you happy to contact your doctor for your medical care

## When to do a PCR Test

You might need to do a **PCR test**.

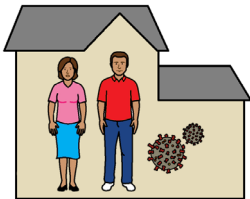


A PCR test means you go to a place where a trained health worker tests you for coronavirus.

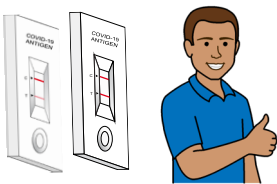


You must do a PCR test if you **cannot** get a Rapid Antigen Test and

- you have symptoms of coronavirus



- someone who you live with has coronavirus.



You must also do a PCR test if your Rapid Antigen Test was positive

- but you do **not** feel symptoms

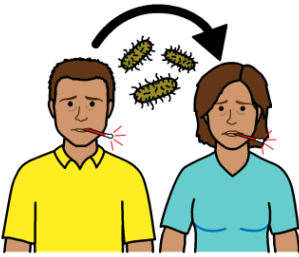
and



- you have **not** spent time with anyone who had a positive case in the last few days.



## What you need to keep doing

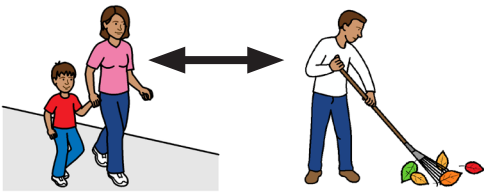


Coronavirus can spread easily from person to person.



It is important to still

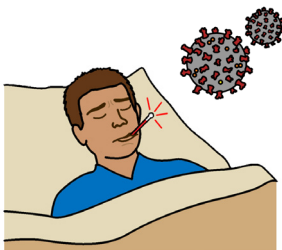
- wash your hands



- be 1.5 metres or 2 big steps away from other people



- get tested for coronavirus if you have symptoms



- stay at home if you do **not** feel well.

## More information

### Find more information about Rapid Antigen Tests



Visit our website

[coronavirus.vic.gov.au/rapid-antigen-tests](https://coronavirus.vic.gov.au/rapid-antigen-tests)

### Tell the Department of Health about your positive test

Visit the website

[coronavirus.vic.gov.au/report](https://coronavirus.vic.gov.au/report)

or



Call

1800 675 398.

Press **0** for an interpreter if you need one.

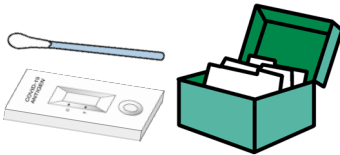
## Find out about food or financial support if you test positive



Website

[coronavirus.vic.gov.au/support](https://coronavirus.vic.gov.au/support)

## Help to do a Rapid Antigen Test



The Rapid Antigen Test kit should have instructions in the box to help you do the test.

If you need help to understand the instructions you can



- call someone you trust
- contact our hotline.



## Coronavirus hotline

Call the coronavirus hotline for more information about coronavirus.

Call

1800 675 398.

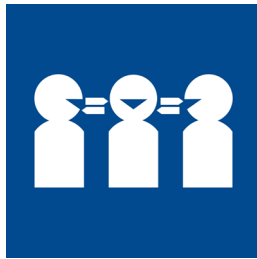
Press **0** for an interpreter if you need one.



## If there is an emergency

Call Triple Zero.

000



### If you need help with English

Contact the Telephone Interpreting Service.

131 450



### If you need information in another language

Go to the Department of Health website.

[coronavirus.vic.gov.au/translations](https://coronavirus.vic.gov.au/translations)



### If you need help to speak or listen

Use the National Relay Service.

Website

[nrschat.nrscall.gov.au/nrs/internetrelay](https://nrschat.nrscall.gov.au/nrs/internetrelay)



Call 1300 555 727

Give the relay officer the phone number you want to call.

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