



# Victorian Children's Tool for Observation and Response



UR NUMBER  
SURNAME  
GIVEN NAME(S)  
DATE OF BIRTH  
AFFIX PATIENT LABEL HERE ↑

Hospital \_\_\_\_\_

Frequency of Observations						
Observations should be performed routinely with cares (at least 4 hourly) unless advised below. Refer to local procedure for <b>who</b> can alter frequency						
Date	(e.g.) 6/4/16					
Frequency	2/24					
Name/Designation	Smith RN					

Events/Comments					
Record event details, including comments, interventions and parental concerns					
	Date	Time		Initial	Designation
A					
B					
C					
D					
E					
F					
G					

Respiratory Support	
<b>Mode</b>	HF = High Flow, CPAP = Continuous Positive Airway Pressure, LF = Low Flow, CO = Cot Oxygen, HB = Headbox
<b>Device</b>	NP = Nasal Prongs, SP = Single Prong, M = Mask
<b>Measurements</b>	Oxygen = %, Pressure = cm/H <sub>2</sub> O, Flow = L/min

Assessment of Respiratory Effort			
	Mild	Moderate	Severe
<b>Airway</b>		• Stridor on crying	• Stridor at rest
<b>Behaviour and Feeding</b>	• Normal	• Some/intermittent irritability • Difficulty crying • Difficulty feeding (dependent on gestational age)	• Increased irritability and/or lethargy • Looks exhausted • Unable to cry • Unable to feed (dependent on gestational age)
<b>Respiratory Rate</b>	• Mildly increased	• Respiratory rate in orange zone	• Respiratory rate in purple zone • Increased or markedly reduced respiratory rate as the newborn tires
<b>Accessory Muscle Use</b>	• Mild intercostal and suprasternal recession	• Nasal flaring • Moderate intercostal and suprasternal recession	• Marked intercostal, suprasternal and sternal recession
<b>Oxygen</b>	• No oxygen requirement	• Mild hypoxaemia corrected by oxygen • Increasing oxygen requirement	• Hypoxaemia may not be corrected by oxygen
<b>Apnoeas</b>		• May have multiple brief apnoeas (< 20 secs)	• Increasingly frequent or prolonged apnoeas (> 20 secs)
<b>Other</b>			• Gaspings, grunting • Extreme pallor, cyanosis

Note, not all respiratory assessment features are relevant to all conditions

Victorian Children's Tool for Observation and Response (SCN) VSCN010

**GENERAL ESCALATION RESPONSE.** You must refer to your local procedure for instructions on **how** to call for assistance and escalate care

### Purple Zone — MANDATORY EMERGENCY CALL

<p><b>Response criteria</b></p> <ul style="list-style-type: none"> <li>Staff member is very worried about the newborn's clinical state</li> <li>A family member is very worried about the newborn's clinical state</li> <li>Central cyanosis</li> <li>Cardiac or respiratory arrest</li> <li>Airway threat</li> <li>Seizure</li> <li>Sudden decrease in conscious state</li> <li>Any observation in the purple zone</li> <li>3 or more simultaneous orange zone criteria</li> </ul>	<p><b>Actions required</b></p> <ol style="list-style-type: none"> <li>Place emergency call</li> <li>Initiate appropriate clinical care until the arrival of the emergency respondent/s</li> <li>Emergency respondent/s to attend immediately, stabilise patient and/or provide advice</li> <li>Emergency respondent/s to document management plan</li> </ol>
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### Orange Zone — CLINICAL REVIEW RECOMMENDED

<p><b>Response criteria</b></p> <ul style="list-style-type: none"> <li>Staff member is worried about the newborn's clinical state</li> <li>A family member is worried about the newborn's clinical state</li> <li>Any observation in the orange zone</li> <li>Bile stained vomit</li> <li>Lack of interest in feeding (&gt; 24 hours of age)</li> </ul>	<p><b>Actions required</b></p> <ol style="list-style-type: none"> <li>Initiate appropriate clinical care</li> <li>Consider what is usual for the newborn and if the trend in observations suggests deterioration</li> <li>Consult with nurse/midwife in charge, decide if a medical review is required. If no medical review, document rationale and plan of care in Events/Comments</li> <li><b>If medical review requested</b> <ul style="list-style-type: none"> <li>Increase frequency of observations as indicated by the newborn's condition</li> <li>If not attended within 30 minutes, escalate to emergency call</li> <li>Medical officer to document management plan</li> </ul> </li> </ol>
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### White Zone — STAY VIGILANT

<p><b>Response criteria</b></p> <ul style="list-style-type: none"> <li>Vital signs in the white zone but the newborn is unstable</li> <li>Looks unwell</li> <li>Has consecutive observations trending towards the coloured zones</li> </ul>	<p><b>Actions required</b></p> <ol style="list-style-type: none"> <li>Inform senior clinical nurse/midwife</li> <li>Review frequency of observations</li> <li>Consider escalation of care</li> </ol>
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### General Instructions

These charts are designed for use in the special care nursery environment. You **MUST** record baseline observations at admission to determine the frequency of observations. Newborn observations are best performed at rest, and must be recorded:

- At a frequency appropriate for the newborn's clinical state
- Whenever staff or family members are worried about the newborn's clinical state
- If the newborn is deteriorating

**Altered SpO<sub>2</sub> targets and modifications MUST:**

- Be ordered by a doctor and
- Consider individual circumstances and local procedures

**Show the Trend: Plot the Dot – Join the Line**

This chart is specifically designed to enhance the identification of trends in vital signs. It is important to look for worsening trends and report these. When graphing observations, place a dot in the box and connect it to the previous dot with a straight line.

For Blood Pressure, Temperature and Blood Glucose Level write the number in the appropriate section. For SpO<sub>2</sub> Desaturation, Apnoea and Bradycardic events, document with ↓

