

# Information about your genetic test result

Your nephrologist organised a genetic test for you. This test analyses genes associated with kidney disease.

Please read this document carefully and see your nephrologist if you have any questions.

## Your genetic test result

The test found a disease-causing change (also known as a pathogenic variant) in the \_\_\_\_\_ gene.

This causes a condition called \_\_\_\_\_

## What does this mean for you?

This test result may influence various aspects of your care.

- For some people this may include medications, recommended tests and health screening, pregnancy planning and kidney transplantation.
- Please speak with your nephrologist about what this test result means for you.

## What could this mean for your family?

A genetic test result may have important implications for family members.

- First-degree family members (like your children, siblings or one of your parents) may also have the same disease-causing gene change.
- We recommend that you share this information with your family members, so they have the option to get more information on the condition and/or consider genetic testing for themselves.

- If you (or other family members) are **considering having children in the future**, there are options to reduce the risk of passing on a genetic condition. Please refer to the information sheet *Reproductive genetic testing options*.
- If you are **pregnant, or you and your partner are currently planning for pregnancy**, please let your nephrologist know so they can arrange an expedited referral to a genetics service if you wish.

## Where to get further information

A genetic counsellor may be able to:

- support you to better understand your result
- support you to share your result and this information with your family members
- discuss ways to reduce the risk of passing on a genetic condition to future children

Your doctor or nephrologist can make a referral to a genetics service for further discussions on what your result means for you and your family members. You may also be able to find a genetic counsellor in your area by emailing [kidneygenetics@monashhealth.org](mailto:kidneygenetics@monashhealth.org).