

## Position Description

<b>Position title</b>	Senior Mental Health Clinician
<b>Department / Division</b>	Division of Medicine / Mental Health
<b>Classification</b>	Multidisciplinary Grade 3 Occupational Therapist (YB24-YB27) Grade 3 Psychologist (PL1-PL4) Grade 3 Social Worker (YC46-YC49) Grade 3 Speech Pathologist (YB51-YB54) Grade 4 Registered Psychiatric Nurse (NP75-NP77)
<b>Position reports to</b>	Operational: Intake Team Coordinator Professional: Discipline Senior
<b>No. of direct &amp; indirect reports</b>	NA
<b>Location</b>	The Royal Children's Hospital, Flemington Road, Parkville
<b>Risk category</b>	Category B - works in a patient facing setting but rarely or unlikely to have contact with blood or body fluids (or aerosols without PPE)

<b>The Royal Children's Hospital</b>
<p>The Royal Children's Hospital's (RCH) vision is <i>A world where all kids thrive</i>.</p> <p>RCH is located within the Melbourne Biomedical Precinct, with more than 45 world-class biomedical organisations and more than 50,000 of the brightest minds working together to make the Precinct number one in the Asia Pacific region for health, education, research, and training. Within this, RCH is also a cornerstone member of the Melbourne Children's Campus, partnering with Murdoch Children's Research Institute, The University of Melbourne Department of Paediatrics and The Royal Children's Hospital Foundation. Each organisation contributes to a paediatric academic health centre which is greater than the sum of its parts.</p> <p>RCH has cared for the children and young people of Victoria for more than 150 years since it was founded in 1870. A full range of paediatric and adolescent health services are provided plus tertiary and quaternary care for the most critically ill and medically complex patients in Victoria, Tasmania, southern NSW and other states around Australia and overseas. The RCH is the only provider of heart transplant services and CAR T-cell therapy for paediatrics in Australia. RCH is an effective advocate for patients and their families with a particular focus on vulnerable children and increasingly, mental health in young people. The hospital also supports many health promotion and prevention programs. The Hospital has more than 6,000 staff, a budget of \$850M, 12 wards and 350 beds. Annually, the RCH has 300,000+ Specialist Clinic appointments, 90,000+ Emergency Department presentations and 20,000 elective surgeries.</p> <p>We work collaboratively with hospitals to deliver the right care, in the right place, at the right time. The RCH is committed to the Child Safe Standards <a href="https://www.rch.org.au/quality/child-safety/">https://www.rch.org.au/quality/child-safety/</a>.</p> <p>RCH enjoys high employee engagement and is committed to staff safety and a positive culture through enactment of our Compact.</p> <p>Further information on RCH is available at <a href="http://www.rch.org.au">www.rch.org.au</a></p>

## ROLE CONTEXT

RCH Mental Health is a Level 5 tertiary Infant, Child and Family Area Mental Health and Wellbeing Service and comprises community and hospital-based services. This includes three multidisciplinary community teams which are based in Travancore, Sunshine and Hoppers Crossing. This position will be primarily based in the location listed above; however, you may be required to work across sites should the needs of the service require this.

Our Community Mental Health Programs are undergoing an exciting transformation and expansion as we implement the recommendations from the Royal Commission into Victoria's Mental Health System. The transformation will allow the RCH Mental Health Service to help more infants, children, and their families, and implement contemporary models of care that best meet the needs of the families we serve and support them to use their collective strengths for recovery and hope. As part of this transformation, there will be opportunities for further training, supervision, and development.

The Intake and Assessment Team is led by a partnership between Team Coordinator and Consultant Psychiatrist, with the Team Coordinator responsible for the operational functioning of the team, and the Consultant Psychiatrist accountable for driving high quality clinical care across the Team.

The multidisciplinary Intake and Assessment team may include workers and clinicians from a range of backgrounds such as speech pathology, nursing, social work, clinical psychology, neuropsychology, occupational therapy, family peer support, family therapy, psychiatry and paediatrics.

## ROLE PURPOSE

The Senior Mental Health Clinician is a highly valued member of the Intake and Assessment Team, which is the important 'front door' to our service. In this role you will provide face to face and over the phone triage, assessment and intervention to infants, children and young people aged 0-15, and their families.

This role provides consultation to teams and services within the hospital, and external organizations and service providers to promote collaboration and build capacity.

The Senior Mental Health Clinician will form close working relationships with the Team Coordinator and the Discipline Senior.

## KEY ACCOUNTABILITIES

### Provision of Care

- Deliver excellent evidence-based practice of mental health triage, assessments and interventions either face to face or over the phone.
- Manage a complex and varied clinical caseload.
- Provide high level of clinical expertise with independent decision making.
- Maintain clinical documentation, records and data as per discipline specific guidelines and RCH procedures.
- Lead the ongoing development review and maintenance of administrative processes and improved communication mechanisms.
- Actively participate and contribute to continuous improvement and continuing education opportunities.
- Plan for, and effectively manage, contingencies that may affect the performance of healthcare activities.

- Act to reduce error and sources of risk in own practice as well as the broader discipline/department and healthcare setting.

#### **Lifelong Learning**

- Participation in professional development activities to ensure that best clinical practice is maintained.
- Act to ensure processes, frameworks and/or support tools are in place for enhancing learning through reflection.
- Foster a culture in which feedback is used as a positive strategy to enhance goals, awareness, and learning.
- Continually meets requirements of relevant professional body e.g., AHPRA.
- Participation in teaching opportunities (internal and external).
- Actively promotes an environment of lifelong learning.

#### **Collaborative Practice**

- Work collaboratively with other clinical disciplines within the team and external services to provide high quality inter-disciplinary care. This may involve sharing cases with junior staff for modelling and guidance.
- Demonstrated experience working with initiative, autonomy and leading others in the pursuit of team goals.
- Promote and develop partnerships with healthcare and community providers as well as discipline networks.
- A flexible and adaptable approach to functioning in a team environment that enhances the team's performance to ensure ongoing excellence in service delivery and teamwork.

#### **Communication**

- Highly developed verbal communication, interpersonal skills and attention to detail with the ability to interact with a variety of stakeholders.
- Recognises issues that may lead to conflict, and constructively address issues as they arise.
- Communicate effectively with patients and families to ensure their understanding and that their needs and views are included in plans and actions.
- Facilitate open and effective communication across all levels of the individual Department and more broadly across the organisation.

#### **Continuous Improvement**

- Develops effective time management skills to balance clinical requirements and to contribute to continuous improvement activities.
- Completes quality activities in timely manner.
- Acts to reduce error and sources of risk in own practice.
- Contributes positively to change processes, through demonstrating flexibility and openness to change.
- Develops awareness of governance requirements including safety and quality clinical practice guidelines, procedures and policies including how they apply to clinical role.
- Empowers team to identify, analyse, report and manage risks.
- Manages local risks and escalates appropriately to line manager and relevant stakeholders.

#### **Supervision, Leadership and People Management**

- Provide leadership through modelling a high standard of professional and interpersonal skills, attitudes and behaviours.
- Participate in clinical supervision in accordance with local standard operating procedures, PBA requirements and/or the RCH Allied Health Clinical Supervision Guideline which are based on the DHHS Allied Health Clinical Supervision Framework.
- Provide high quality clinical supervision and/or consultation to staff and students, and provides regular, constructive and developmental feedback to team.

- Provide clinical and operational leadership in area of expertise but will inform and consult with the Team Coordinator and/or Head of Department.
- Provide professional and operational/administrative support to the Team Coordinator as required.

#### **Organisation and Planning**

- Highly developed organisational and planning skills with ability to prioritise workload and competing demands.

#### **Research**

- Understands the principles of evidence-based practice, and critically evaluates clinical practice in light of available evidence, experience and patient/family values and circumstances.
- Evaluates current practice with respect to the evidence.
- Finds, critically reviews, evaluates and interprets literature and applies to current role/service.
- Supports a research culture and agenda.
- Contributes to research agenda through assisting research projects (e.g., contributing to participant recruitment, data entry, questionnaire/audit design) as part of a research project in work area.
- Appropriately shares evidence (e.g., presents at journal club, special interest groups).
- Works with team/department to identify research gaps and takes opportunities to engage academic partners.

### **QUALIFICATIONS AND EXPERIENCE**

#### **Essential**

- Tertiary Qualification or equivalent in relevant discipline
- Current Registration as an Occupational Therapist, Psychologist or Registered Nurse with the applicable Health Practitioner Board or a qualified Social Worker or Speech Pathologist.
- Demonstrated effectiveness in working in true partnership with other community mental health teams and community/family welfare agencies to plan and implement effective interventions for children and young people experiencing complex mental health problems
- Experience in providing quality clinical/professional supervision to staff and students
- Depending on discipline, required years of experience in accordance with the EBA will apply

#### **For Nurse applicants only:**

- Hold a Nursing degree qualification or equivalent from an accredited course/university
- Be registered with AHPRA and as such have satisfied the requirements of continuing professional development and recency of practice
- Holds a post graduate diploma in psychiatric/mental health nursing qualification or having completed a specialist undergraduate psychiatric nursing program
- Substantial work experience (usually at least 5 years) post initial registration experience working in Mental Health

#### **For Psychology applicants only:**

- Completion of accredited Master or Doctoral program in Clinical Psychology, Clinical Neuropsychology, or Forensic Psychology, recognised by the Psychology Board of Australia.
- Hold general registration with the Psychology Board of Australia (Board)
- Hold an Area of Practice Endorsement with the Psychology Board of Australia
- Hold Board-approved supervisor status, including Board-approval as a 'Registrar Program Principal Supervisor'
- Have a minimum of five years professional experience as a Psychologist Grade 2 (or equivalent)
- Continuously satisfy the Psychology Board of Australia continuing professional development standards
- Uphold the Psychology Board of Australia Code of Ethics

#### **For Social Work applicants only:**

- Hold a degree in Social Work from an accredited course/university

- Meet AASW accreditation standards for Continuing Professional Education
  - Uphold the AASW Code of Ethics
  - Eligibility for AASW membership
- For Occupational Therapist applicants only:**
- Hold an OT degree qualification or equivalent from an accredited course/university
  - Be registered with AHPRA and as such have satisfied the requirements of continuing professional development and recency of practice
  - Eligibility for membership of OT Australia
  - Uphold the OTA Code of Ethics
- For Speech Pathologist applicants only:**
- Hold a degree in Speech Pathology from an accredited course/university
  - Be eligible for membership of Speech Pathology Australia and meet the requirements of the SPA Professional Self Regulation program
  - Uphold the SPA Code of Ethics
- Desirable**
- Demonstrated skills, knowledge and behaviours in successfully leading staff / teams and or change initiatives
  - Expertise in a clinical speciality area relating to your discipline
  - Completion of the Developmental Psychiatry Course (DPC) and/or post graduate training in relevant area

#### KEY SELECTION CRITERIA

- Demonstrated clinical skills and significant experience in the provision of effective and efficient child and adolescent mental health care
- Demonstrated ability to practice autonomously, as well as within an interdisciplinary team
- Demonstrated experience in professional supervision of clinicians and students
- Demonstrated ability to build and maintain working relationships with key internal and external stakeholders to maximise service coordination and cooperation as well as capacity building with community agencies
- Demonstrated interest or experience in quality improvement and program evaluation
- A commitment and evidence of evidence based practice and continuing professional development including an ability to find and apply evidence in decision-making
- Highly developed written and verbal communication skills and inter-personal skills
- Demonstrated awareness and understanding of legal obligations when working in a CAMHS context in Victoria
- A flexible and adaptable approach to functioning in a team environment that enhances the team's high performance

#### OTHER REQUIREMENTS

- Employees are required to undertake a National Criminal Record Check and a Working with Children Check prior to commencing employment
- Employees are required to maintain a valid Working with Children Check throughout their employment
- A current, full driver's licence for the State of Victoria which is appropriate for the type of vehicle being driven, and comply with any restrictions on their licence (e.g. wearing glasses) while undertaking hospital duties (if applicable)
- Employees are required to maintain compliance with RCHs "Staff Immunisation - Prevention of Vaccine Preventable Diseases" procedure.

#### IMPORTANT INFORMATION

All employees are required to adhere to the Royal Children's Hospital Values:

- Curious - We are creative, playful and collaborative
- Courageous - We pursue our goals with determination, ambition and confidence
- Inclusive - We embrace diversity, communicate well, build connections and celebrate our successes together
- Kind - We are generous, warm and understanding

#### **RCH COMPACT**

All new and existing employees commit to the RCH Compact to contribute to a strong and respectful culture.

- We do better work caring for children and families when we also care for each other
- I bring a positive attitude to work – I share, I laugh, I enjoy other's company
- I take responsibility for my behaviour and its impact on others
- I am curious and seek out ways to constantly learn and improve
- I celebrate the good stuff, the small stuff, the big stuff – it all matters
- I speak up when things aren't right
- I value the many different roles it takes to deliver great patient care
- I actively listen because I want to understand others and make better decisions
- I am inclusive and value diversity
- When it comes to teamwork, I don't hold back – I'm all in

#### **QUALITY, SAFETY AND IMPROVEMENT**

RCH employees have a responsibility and accountability to contribute to the organisation's commitment to Quality, Safety and Improvement by:

- Acting in accordance and complying with all relevant Safety and Quality policies and procedures
- Identifying risks, reporting and being actively involved in risk mitigation strategies
- Participating in and actively contributing to quality improvement programs
- Complying with the requirements of the National Safety & Quality Health Service Standards
- Complying with all relevant clinical and/or competency standards
- Complying with the principles of Patient and Family Centred Care that relate to this position

**The RCH is committed to a diverse and inclusive workforce. We encourage applications from Aboriginal and Torres Strait Islander people, people from culturally and/or linguistically diverse backgrounds, all members of the LGBTQI community and people with disability.**

Position description last updated

April 2024